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AMR research in a post-pandemic world: Insights on antimicrobial resistance research in the COVID-19 pandemic

Short title: Insights on antimicrobial resistance research in the COVID-19 pandemic

Jesús Rodríguez-Baño^{1 2 3}, Gian Maria Rossolini^{4 5}, Constance Schultsz⁶, Evelina Tacconelli⁷, Srinivas Murthy⁸, Norio Ohmagari⁹, Alison Holmes¹⁰, Till Bachmann¹¹, Herman Goossens¹², Rafael Canton^{13 14}, Adam P. Roberts¹⁵, Birgitta Henriques-Normark^{16 17}, Cornelius J. Clancy¹⁸, Benedikt Huttner¹⁹, Patriq Fagerstedt²⁰, Shawon Lahiri²⁰, Charu Kaushic^{21 22}, Steven J. Hoffman²³, Margo Warren²⁴, Ghada Zoubiane²⁵, Sabiha Essack^{25 26}, Ramanan Laxminarayan²⁷, Laura Plant^{*21}

¹Unidad Clínica de Enfermedades Infecciosas, Microbiología y Medicina Preventiva, Hospital Universitario Virgen Macarena, Sevilla, Spain.

²Departamento de Medicina, Universidad de Sevilla, Sevilla, Spain.

³Instituto de Biomedicina de Sevilla (IBiS), Sevilla, Spain.

⁴Department of Experimental and Clinical Medicine, University of Florence, Florence, Italy.

⁵Clinical Microbiology and Virology Unit, Florence Careggi University Hospital, Florence, Italy.

⁶Department of Global Health - AIGHD Amsterdam UMC, University of Amsterdam, Amsterdam, The Netherlands.

⁷Division of Infectious Diseases, Department of Diagnostic and Public Health, University of Verona, Verona, Italy

⁸BC Children's Hospital, University of British Columbia, Vancouver, Canada.

⁹Disease Control and Prevention Center, National Center for Global Health and Medicine, Tokyo, Japan.

¹⁰Department of Medicine, Faculty of Medicine, Imperial College London, London, UK.

¹¹The University of Edinburgh, Edinburgh Medical School, Division of Infection and Pathway Medicine, The Chancellor's Building, Edinburgh, UK.

¹²Laboratory of Medical Microbiology, Vaccine & Infectious Disease Institute, University of Antwerp, Antwerp, Belgium.

¹³Servicio de Microbiología. Hospital Universitario Ramón y Cajal and Instituto Ramón y Cajal de Investigación Sanitaria, Madrid, Spain.

¹⁴Red Española de Investigación en Patología Infecciosa (REIPI). Instituto de Salud Carlos III. Madrid, Spain.

¹⁵Department of Tropical Disease Biology, Liverpool School of Tropical Medicine, Pembroke Place, Liverpool, UK.

¹⁶Department of Microbiology, Tumor and Cell Biology, Karolinska Institutet, Stockholm, Sweden.

¹⁷Clinical Microbiology, Karolinska University Hospital, Stockholm, Sweden.

¹⁸University of Pittsburgh. 3550 Terrace St. Scaife Hall 867. Pittsburgh, USA.

¹⁹Division of Infectious Diseases, Geneva, University Hospitals; Faculty of Medicine, University of Geneva, Geneva, Switzerland.

²⁰JPIAMR Secretariat, Swedish Research Council, Stockholm, Sweden.

²¹Institute of Infection and Immunity, Canadian Institutes of Health Research

²²McMaster Immunology Research Center, Dept Pathology and Mol. Medicine, McMaster University, Hamilton, ON, Canada

²³Global Strategy Lab, Dahdaleh Institute for Global Health Research, Faculty of Health and Osgoode Hall Law School, York University, Toronto, M3J 1P3, Canada

²⁴Access to Medicine Foundation, Naritaweg 227-A, 1043 CB, Amsterdam, The Netherlands.

²⁵International Centre for Antimicrobial Resistance Solutions (ICARS), Copenhagen, Denmark

²⁶Antimicrobial Research Unit, University of KwaZulu-Natal, Durban, South Africa.

²⁷Center for Disease Dynamics, Economics & Policy, New Delhi India.

*Corresponding Author: Laura Plant, JPIAMR Secretariat

Swedish Research Council

Box 1035, 101 38 Stockholm

Telephone: +46 (0) 733 1026 79

Email: Laura.Plant@vr.se

Highlights:

- Antibiotics were excessively used in hospitalised COVID-19 patients.
- COVID-19 caused major disruptions to AMR surveillance and research.
- Global data on the use of antibiotics during the COVID-19 pandemic is needed.
- Antimicrobial resistance needs continued public and political engagement.

The COVID-19 pandemic is predicted to impact the transmission of bacterial infections and the emergence of antibiotic resistance (AMR). The likely positive influence on antibiotic resistance that social distancing, increased awareness and the use of interventions to prevent the transmission of COVID-19 has had could also be counteracted by the reported excessive use of broad spectrum antibiotics to treat patients infected with SARS-CoV-2. Antimicrobial stewardship programmes and AMR focussed research activities must remain active during

the COVID-19 and future pandemics, in order to safeguard against an uncontrolled rise in AMR.

Antibiotic use in the COVID-19 pandemic

The priority during the COVID-19 pandemic has been treating patients and avoiding acquisition of SARS-CoV-2 by healthcare personnel whilst maintaining functionality of the healthcare systems. Within healthcare, there has been a need to redirect personnel, resources and attention to COVID-19 diagnosis and management. AMR surveillance and screening programmes to detect colonisation by resistant organisms have been compromised due to shortage of personnel and the need to redirect molecular diagnostic platforms, reagents, tracking and tracing from AMR surveillance to COVID-19 diagnostics.

It has been reported that only 7-8% of hospitalised COVID-19 patients were diagnosed with a bacterial or fungal infection [1, 2, 3], while antibiotic use in COVID-19 patients has been considerably high: 71.9% (95% CI: 56.1-87.7) [3]. Further studies using molecular techniques on samples from ventilated and non-ventilated COVID-19 patients are needed. Whether new or evolving AMR in COVID-19 patients will emerge in areas with low previous rates should be examined in retrospective and prospective clinical and microbiology studies.

Simultaneously managing the acute COVID-19 pandemic and escalating AMR

COVID-19 has illustrated the vulnerability of our healthcare systems. This is even more noticeable in Low and Middle Income Countries (LMICs) and in resource-constrained settings less prepared to deal with pandemics or other emergencies [4-6]. Local, national and international scale resistance data is needed to help researchers better understand potential disruptions in stewardship and surveillance efforts, and highlight the early emergence of resistance due to antibiotic use linked to COVID-19 and secondary infections.

Co-managing multiple infectious disease threats simultaneously is a further challenge for LMICs. Laboratory infrastructure, surveillance and diagnostic capacity for both COVID-19

and AMR are often unreliable and infection prevention and control policies, practice and personnel are sub-optimal and, or, unsustainable [7]. Regulated antibiotic use is difficult to enforce where there is poor access to antibiotics overall, while socio-behavioural interventions such as physical distancing and hand hygiene can be limited, especially in areas with high population densities with limited access to clean water and sanitation services. Thus, an exit strategy from COVID-19 for many LMICs may not be pharmacologically based in the short term and more community-based strategies are currently being explored [8].

Impact of the COVID-19 pandemic on AMR research

A critical lesson from the COVID-19 pandemic is the importance of embedding research in the response. Supporting good quality implementation research could help understand not only what has worked, but also how and why an intervention was successful. While research on COVID-19 due to the pandemic has progressed, research in other fields including AMR has been deprioritised, delayed, or even halted. Delays limit scientists to meet deadlines and targets within projects, and restrict sharing of information and networking activities. Funding agencies across the globe have given research grant extensions; however, the long-term impact on AMR research is yet to be understood and factors such as the effect on early career researchers may take years to manifest. As solidarity pledges emerge to address COVID-19, so too must efforts to openly share research and data on AMR, including surveillance data from the pharmaceutical industry, as incentivised by the Access to Medicine Foundation's AMR Benchmark. In order to ensure that AMR research continues to be adequately supported it is important to prioritise funds for AMR research at both national and international scales.

The COVID-19 pandemic has led to an unprecedented awareness of the importance of infectious diseases, clinical microbiology, and infection control. The AMR research

community is in an ideal position to raise the awareness of the topic of AMR and build on community engagement in the importance of sanitary infrastructures [9], handwashing, disinfection, social distancing when ill, and avoiding unnecessary use of antibiotics. Harnessing the public understanding of the relevance of infectious diseases towards the long-term pandemic of AMR could have major implications for promoting good practices about control of AMR transmission.

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CONFLICTS OF INTEREST

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ETHICAL APPROVAL

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